## Federal Employees and Annuitants

## 2021

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Our Island, Your Health Plan

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Hafa Adai Federal Employees and Annuitants!

Welcome to the Open Season enrollment period for the 2021 calendar year!

#### This year, the annual FEHB Open Season will run from November 9 - December 14, 2020.

Given the extraordinary challenges presented this year due to the COVID-19 pandemic, this year's open season will be like no other. But don't worry, we've got your back!

For those of you not currently enrolled, this will be your opportunity to join the FEHB program for 2021. For those of you already enrolled, this will be your opportunity to change plans or plan options or types of coverage, or choose TakeCare as your health insurance carrier in 2021.

To enroll for the first time, or if you're wanting to make a change to another carrier, or change your current TakeCare enrollment, you will need to take action using your agency's benefit enrollment system or complete an enrollment form (SF2809). If you don't wish to make any changes to your TakeCare enrollment, you don't need to do anything; your enrollment with TakeCare will automatically renew on the effective date in 2021.

If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a Federal law gives you more choices about your prescription drug coverage.

Please see the Notice on the front inside page of the enclosed Federal brochure for more details.

#### **Open Season Activities**

This year, because of COVID-19 concerns, we will be hosting virtual online briefings, chat sessions, and making available lots of information on our web site's special Open Season information page and social media channels. We encourage you to visit the web site page frequently to learn more about the 2021 benefit offering and be on the lookout for the newspaper ads and other announcements concerning dates and times of various open season activities hosted by TakeCare.

To access electronic versions of our materials or enroll for our non-FEHB offerings, go to TakeCare's 2020 FEHB Open Season page at <u>www.takecareasia.com/openseason20</u> or scan the QR code below.







#### Notice of Summary of Benefits and Coverage (SBC): Availability of Summary Health Information

The Federal Employees Health Benefits (FEHB) Program offers numerous health benefits plans and coverage options. Choosing a health plan and coverage option is an important decision. To help you make an informed choice, each FEHB plan makes available a Summary of Benefits and Coverage (SBC) about each of its health coverage options, online and in paper: The SBC summarizes important information in a standard format to help you compare plans and options.

TakeCare's SBCs are available on the internet at <u>www.takecareasia.com/openseason20</u>. Paper copies are also available, free of charge, by calling TakeCare's Toll Free Customer Service Call Center Number at (877) 484-2411 (accessible anywhere within the 50 U.S. States, Guam, Saipan, Puerto Rico and the U.S. Virgin Islands).

To find out more information about plans available under the FEHB Program, including SBCs for other FEHB plans, please visit <u>www.opm.gov/insure</u>.



#### 2021 Benefit Changes to TakeCare's High, Standard, and HDHP Options

- **Emergency Services Notification** TakeCare is eliminating the requirement for members to contact TakeCare "within 48 hours" for emergency services rendered within the service area that do not result in hospitalization. *See brochure pages 64 and 115*.
- Weight Loss Medications TakeCare is adding coverage for weight loss medications. Weight loss medications to be covered as any other medication subject to prior authorization and benefit coverage criteria such as but not limited to Body Mass Index and/or co-morbidities. *See brochure pages 71 and 122.*
- **Continuous Glucose Monitor** TakeCare is adding coverage for continuous glucose monitors at 100% with no charge to member if actively participating in TakeCare's Diabetes Management Program and meets criteria for coverage based on HbA1c levels. *See brochure pages 44-45, and 101.*
- **Preventive Medications** TakeCare is expanding its list of covered preventive medications at 100% with no charge to member for certain chronic conditions including diabetes, congestive heart failure, coronary and artery disease, osteoporosis, hypertension, asthma, depressions, heart disease, liver disease, and bleeding disorders. *See brochure pages 72-73, and 123-124.*
- **Telehealth Services** TakeCare is expanding coverage for telehealth services to include consultation visits via phone, audio and video services using a computer, tablet or smartphone with in-network primary care physicians and specialists, including behavioral health professionals. *See brochure pages 33 and 94.*

#### 2021 Benefit Clarifications

- TakeCare's Medical Referral Services (MRS) department is now managing prior authorizations for elective hospital admissions or other services, as well as ordering prescribed durable medical equipment. Contact MRS at (671) 300-5995 or <u>tc.mrs@takecareasia.com</u>
- The prescription eyeglass/contact benefit can be fulfilled at any in-network vision provider that offers these services, not just FHP Vision Center. *See brochure pages 43 and 101.*
- We waive some of the plan's out-of-pocket costs, such as those for medical services/supplies provided by physicians/other health care professionals or outpatient surgery, if the Original Medicare Plan is your primary coverage. *See brochure pages 141-142.*
- TakeCare's pharmacy benefit manager, EnvisionRx, changed its name to Elixir in early September 2020. Other than the name, no changes are being made. All phone numbers, member numbers, ID cards, benefits, and mail order remain the same. You can continue to use the pharmacies in the current network.

### Non-FEHB Supplemental Wellness Package

## Working It Out ...to earn incentives

2021

MORE DETAILS COMING SOON...regarding non-FEHB benefits focused on improving the health of you and your family.

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## Non-FEHB Supplemental Dental Package

# 2021

# Looking for more **Dental coverage?**

## TakeCare is pleased to offer its Supplemental Dental Plan to TakeCare Federal Members for Benefit Year 2021.

As a valued member, you'll enjoy a wide range of benefits for little cost. MORE DETAILS COMING SOON!





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# TakeCare Online Tools



TakeCare is committed to developing and delivering secure online tools that enhance member capabilities while driving Empowerment, Safety, and Convenience.

Do you prefer to manage or access your account at home or on the go? We've made it simple with our suite of smart tech tools. Whether you're looking for a mobile app with the convenience of a Digital Member ID card, Provider Network, Wellness and Fitness programs, Prescription medicine or simply looking for a convenient online member portal access to view your claims history or make payments online - we've got you covered.

In addition to these existing powerful tools, TakeCare plans to host benefit briefings and monthly service calls via web-enabled meetings and video conferencing. Also planned is the introduction of a virtual assistant and online appointment scheduling system to give you more flexibility and convenience.

Manage your accounts when, where, and how you wan, —with TakeCare's mobile solutions and convenient online services.

MyTakeCare Member Portal

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TakeCare Mobile App

TakeCare

- TakeCare Pay Online
- TakeCare Rx Mail Order
- Elixir Mobile App (Rx Drugs)





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# Please review the important information below.

#### COVID-19

In an effort to be proactive with the current state of preparedness for COVID-19, TakeCare's highest priority is to ensure the health and safety of our members, staff, families, and community while continuing to serve our members at the highest level possible.

For the latest information related to services available, temporary benefit enhancements, hours of operation, and contact information, visit us at **www.takecareasia.com** 

#### **Off-island Dependent Children**

If your dependent child(ren) lives out of the service area while you remain in the service area (for example, if your child resides in California and you reside in Guam), coverage is available for that child(ren).

However, to be covered, the following information must be provided to TakeCare prior to non-emergency services being received:

- The child's name, address outside the service area, phone number
- Name and address of the child's primary care physician\*

In the absence of such information, non-emergency services will not be covered. TakeCare can be reached at **671-647-3526** or toll-free, **877-484-2411**, or via email at <u>customerservice@takecareasia.com.</u>

Your dependent child(ren) must receive prior approval before being treated by a specialist, receiving certain diagnostic tests, or is considering an elective outpatient or inpatient procedure.

\*- for dependent child(ren) residing in Hawaii or the continental US, a primary care physician can be selected in advance by using the search tool available at <u>www.multiplan.com</u>. For all other locations, contact TakeCare.

Customer Service 647-3526

#### **Emergency/Urgent Care Services Notification**

In a life or limb threatening emergency, call 911 or go to the nearest hospital emergency room or other facility treatment. You do not need authorization from your primary care physician (PCP) before you go. A true emergency is covered no matter where you are.

In our service area: If you receive emergency care in our service area that results in your hospitalization, TakeCare Customer Service department must be notified within 48 hours unless it was not reasonably possible to do so at 671-647-3526 or by email at <u>customerservice@takecareasia.com</u>, otherwise, your care will not be covered.

If you are hospitalized within the service area at an out-of-network facility, we may arrange for your transfer to an in-network facility as soon as it is medically appropriate to do so.

When in the service area, notification is not required if your care is limited to urgent care or emergency room services only.

On Guam, if your primary care provider's office is closed, you may be able to access the FHP Urgent Care Center. For current hours of operation, go to **www.takecareasia.com** 

**Outside our service area:** If you receive emergency or urgent care outside our service area, even if you're not hospitalized, TakeCare Customer Service department must be notified within 48 hours unless it was not reasonably possible to do so at 671-647-3526 or by email at <u>customerservice@takecareasia.com</u>, otherwise, your care will not be covered.

If you are hospitalized outside the service area, we may arrange for your transfer to an in-network facility as soon as it is medically appropriate to do so.



## FHP Health Center is In-Network

The Island's

Federal enrollees with TakeCare have exclusive in-network access to the FHP Health Center. At FHP, your health and safety are important to us. FHP remains open during the COVID pandemic to serve all of your healthcare and medical needs. To better serve you, we encourage you to keep your appointment with your healthcare provider. We have implemented stringent screening and sanitizing procedures to keep you safe.

Medical Care   Cancer Care   Dental Care	
Adult Medicine   Home Health  Hospice Care	
Occupational Health Services Pharmacy Vision Care	
Radiology Urgent Care • Nephrology • Hemodialysis	S

Please note FHP Health Center's Hours of Operation: **MONDAYS** to **SATURDAYS 8:00am – 8:00pm SUNDAYS ALL CLOSED** (Effective September 6, 2020) **DLS laboratory** at FHP Health Center will mirror FHP's hours of operation. **Mega Drug III** at FHP is open from **8:00am – 6:00pm, Monday thru Friday. 8:00am – 2:00pm, Saturdays. Closed on Sundays**. For a detailed schedule for each department, please visit our website at **takecareasia.com** 

#### Now accepting new patients.

We accept most insurances including TakeCare, StayWell, NetCare, Aetna, Tricare, Medicare, Medicaid, and self-pay patients are welcome.

Call the FHP Health Center at 646-5825 and Press 2 to schedule an appointment today.





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9 Our Island, Your Clinic\*



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## **Network Providers**

We provide the options, you choose the provider that benefit your healthcare needs.



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Our Island, Your Health Plan

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## **Provider Directory**



#### PARTICIPATING PROVIDERS

The true measure of any health care organization is the quality of the care you receive. And at the heart of this is your relationship with your participating provider. Your participating provider is essential in providing your day to day health care needs as well as providing the avenue for health care alternatives such as specialty care. That's why, at TakeCare, you have the freedom to make the most important health care decision of all-the choice of your participating provider. This provider directory serves as a helpful tool to select a participating provider.

#### HOW TO SELECT A PARTICIPATING PROVIDER

Choose a Participating Provider (Medical Group or Individual Physician) from this directory. You and your enrolled dependents may choose a different Participating Provider. You may switch Participating Providers as often as needed by simply calling TakeCare Customer Service at (671) 647-3526 or toll free at 1-(877)-484-2411 and (680) 488-4715 in Palau. Your new selection will be effective immediately. Services received through providers not listed in this Provider Directory may be covered at a lesser coverage level. Please refer to your Schedule of Benefits for specific Out-of-Network Benefits.

#### **HELPFUL INFORMATION**

#### Who is a Participating Provider?

A Participating Provider is any individual practice association, individual physician, pharmacy, hospital or group of licensed providers who have entered in to a written agreement with TakeCare to provide medical or dental services to you and your enrolled dependents.

#### What is a Primary Care Provider and a Specialty Care Provider and how many of each do you have in your network of providers?

A Primary Care Provider is responsible for providing or authorizing your medical care services. A Primary Care Provider may be physicians of Internal Medicine, Pediatrics, Family Practice or General Practice. A Specialty Care Provider is a duly licensed physician, osteopath, psychologist or other practitioner that your Primary Care Provider may refer you to. TakeCare has the largest on-island contracted provider network with over 100 Primary Care and Specialty Care Providers.

#### When am I able to access a Specialty Care Provider?

When you or your Primary Care Provider feel you need more specialized treatment, you may request a referral to seek a specialist for an office consultation. However, before any treatment begins, you may need to have prior authorization from TakeCare's Medical Management Department. Once the request is reviewed and approved, treatment can commence.

#### WHO TO CALL FOR HELP

If you have any questions, please feel free to call the TakeCare Customer Service Department, Monday-Friday, 8am-5pm in Guam (671) 647-3526 or 24/7, toll free 1-(877) 484-2411 or Palau (680) 488-4715.

#### Medicare Healthcare Provider<sup>™</sup>

<sup>M</sup>List of Providers, in the TakeCare Network, accepting Medicare. A Medicare provider is a participating/contracted provider who accepts Medicare fees/rates as a basis of payment for their services. This provider only bills you for any deductible and copayment/coinsurance amounts under your Medicare coverage. TakeCare Network Providers, identified herein as Providers who accept Medicare, are subject to change depending on whether the provider continues to accept Medicare covered members.

#### Preferred Provider\*

\*Is a participating or directly contracted provider that has entered into a written agreement with TakeCare to provide care or treatment at preferential or better rates compared to other contracted or participating providers and have demonstrated better outcomes based on standard set by the National Committee for Quality Assurance ("NCQA"). The participating providers which are identified herein as preferred providers are subject to change. Please check with TakeCare to confirm the preferential status of contracted/participating providers.

#### Telemedicine™

<sup>TM</sup>This Telemedicine marker identifies those in-network primary care facilities and specialists, including behavioral health professionals, who offer consultation visits via phone, audio and video services using a computer, tablet or smartphone.

#### **Primary Care Providers**

#### FAMILY PRACTICE

Adolphson, Arania, M.D. IHP Medical Group 655 Harmon Loop Road, Ste. 108 Dededo, 633-4404

**Akimoto, Vincent, M.D.**<sup>M★</sup> American Medical Center Upper Tumon, 647-8262

Anderson, Mark, M.D. IHP Medical Group 655 Harmon Loop Road, Ste. 108 Dededo, 633-4404

Arkless, Tyler, M.D. Premise Health Employers Solutions, LLC Tamuning, 645-8359/60

Campus, Hieu M.D. IHP Medical Group 655 Harmon Loop Road, Ste. 108 Dededo, 633-4404

**Cook-Huynh, Mariana, M.D.** Marianas Physician Group<sup>™</sup> Tamuning, 647-1830

**Cruz, Luis, M.D.<sup>M</sup>** American Medical Center Upper Tumon, 647-8262

**Esteba, April, M.D.** Guam Medical Care Tamuning, 647-4174

Frickel, Wendy, M.D. Premise Health Employer Solutions, LLC Tamuning, 645-8359/60

**Galgo, Geoffrey, M.D.** Guam Medical Care Clinic Upper Tumon, 647-4174

Ganacias-Acuna, Edna, M.D. Omni Health Systems, LLC Tamuning, 647-4325

Hancock, William T., M.D. American Medical Center Upper Tumon, 647-8262

Hughes, Scott, M.D. Premise Health Employer Solutions, LLC Tamuning, 645-8359/60

Kaufman, Karyn, PA-C FHP Health Center™ Tamuning, 646-5825

Lee, Delores J., M.D. Evergreen Health Center 520 Route 8, Ste 106 Maite, 922-0118

Loder, Bryce, M.D. Premise Health Employer Solutions, LLC Tamuning, 645-8359/60

Lujan, Davina, M.D. Hagatna Med Clinic Hagatna, 475-6500/01/02 Nguyen, Hoa Van, M.D.<sup>M★</sup> American Medical Center Upper Tumon, 647-8262

Nguyen, Luan Pho, M.D.\* American Medical Center Upper Tumon. 647-8262

Raab, Jeremy, M.D. American Medical Center Upper Tumon, 647-8262

Rozycki, Thomas, M.D. FHP Health Center™ Tamuning, 646-5825

Samaniego, Melissa, M.D. Guam Medical Care Tamuning, 647-4174

Santos, Patrick C., M.D. Tumon Medical Office Upper Tumon, 649-5052

Scheibe, Trenton, M.D. FHP Health Center™ Tamuning, 646-5825

#### Schroeder, Edmund F., Jr., M.D.<sup>M</sup> Health Services of the Pacific<sup>™</sup>

Tamuning, 647-5355 Stratton, Walter, PA-C FHP Health Center™ Tamuning, 646-5825

#### INTERNAL MEDICINE

Alford, Erika M., M.D.<sup>M</sup> American Medical Center Upper Tumon, 647-8262

Ally, Insaf, M.D. Premise Health Employer Solutions, LLC Tamuning, 645-8359/60

Alvez, Laura, M.D. Health Services of the Pacific<sup>™</sup> 655 Harmon Loop Road Ste. 300 Dededo, Guam 96929, 647-5355

Arcilla, Leopoldo, Jr., M.D. Samonte Medical Clinic<sup>™</sup> Guam Business Center Ste. 105, 1757 Army Drive Harmon, 647-4533

**Chang, Young, M.D.**<sup>M</sup> Good Samaritan Clinic Photo Town Plaza Tamuning, 646-2984

**Chenet, Alix, M.D.<sup>M</sup>** Guam Adult Pediatric Clinic Dededo, 633-4272

Dissadee, Mana, M.D. Pacific Medical Group & Nephrology 736 Route 4 Ste. 103 Sinajana, Guam 96910, 649-7232

Duenas, Vincent A., M.D.<sup>M</sup> The Doctors' Clinic Tamuning, 649-5018/23

**Dulay, Marylou, M.D.<sup>M</sup>** FHP Health Center<sup>™</sup> Tamuning, 646-5825 **Farrell, Frank, M.D.** Evergreen Health Center 520 Route 8, Ste 106 Maite, 922-0118

Granada, Wilfredo, M.D. Trinity Healthcare, LLC (Omnihealth) 761 S Marine Corps Dr. RanCare Bldg. Ste. A10 Tamuning, Guam 96913, 647-4325

Lentz, Nancy, M.D. FHP Health Center™ Tamuning, 646-5825

#### Lim, Doris, M.D.<sup>™</sup>

Micronesia Medical & Anesthesia Associates 241 Farenholt Ave., Oka Building Ste. 208 Tamuning, Guam 96913, 646-8844

Lim, Johnny Jr., M.D.<sup>M</sup> Adult Health Care Clinic 2211 Army Drive, Suite 105 Dededo, 647-5546

Lin, Shih Hao, M.D. Guam Sleep Center<sup>™</sup> Unit 1A 1st Floor, 535 Marine Corps Drive Tamuning, 647-6669

Lizama, Florencio T., M.D. IHP Medical Group 655 Harmon Loop Road, Suite 108 Dededo, 633-4447

Magcalas, Edgar, M.D. Adult Health Care Clinc 2211 Army Drive, Suite 105 Dededo, 647-5546

Nerves, Robert, M.D. Pacific Medical Group & Nephrology 736 Route 4 Ste. 103 Sinajana, Guam 96910, 649-7232

Osman, Sherleen, M.D. Pacific Medical Group & Nephrology 736 Route 4 Ste. 103 Sinajana, Guam 96910, 649-7232

Ouhadi, Faraz, M.D. Evergreen Health Center 520 Route 8, Ste 106 Maite, 922-0118

**Preston, Donald C., M.D.<sup>M</sup>** Guam Adult Pediatric Clinic Tamuning, 633-4272

Samonte, Romeo, M.D.<sup>M</sup> Samonte Medical Clinic ™ Guam Business Center Ste. 105, 1757 Army Drive Harmon, 647-4533

Sistoza, Lilybeth C., M.D.<sup>M</sup> FHP Health Center<sup>™</sup> Tamuning, 646-5825

Supit, Edwin J., M.D. FHP Health Center™ Tamuning, 646-5825

Taitano, John R., M.D.<sup>M</sup> The Doctors' Clinic Tamuning, 649-5018/23 **Trinh, Tien, M.D.** American Medical Center Upper Tumon, 647-8262

Villa, Eden E., M.D.<sup>M</sup> Guam Medical Health Care 600 Harmon Loop Road, Ste. 105 Dededo, 647-4174

#### <u>ob/gyn</u>

Bordallo, Annie U., M.D.\* Marianas Physicians Group™ Tamuning, 647-1830

**Brown, Elaine, M.D.** Marianas Physicians Group<sup>™</sup> PeMar Place Tamuning, 647-1830

**Gabel, Jeffrey, M.D.** Dr. Gabel's Clinic Tamuning, 649-4496

Hirata, Greigh, M.D. Thomas Shieh's MD, FACOG Clinic 380 Gov. Carlos G Camacho Rd. Tamuning, Guam 96913 648-2229

Shieh, Thomas, M.D.\* Thomas Shieh's MD, FACOG Clinic 380 Gov. Carlos G Camacho Rd. Tamuning, Guam 96913 648-2229

Thanapandian, Kamala, M.D.\* Marianas Physicians Group™ Pe Mar Place Tamuning, 647-1830

Vercio, William, M.D.\* Marianas Physicians Group™ Pe Mar Place Tamuning, 647-1830

#### **PEDIATRICS**

Blancaflor, Maria, M.D. MPG Pediatrics<sup>™</sup> Tamuning, 648-5437

Carrera, Yolanda, M.D. Harmon Pediatrics Harmon, 649-1058/9

**Del Rosario, Amanda M.D.** American Medical Center Upper Tumon, 647-8262

Domalanta-Villaluna, Dina, M.D. Pediatric and Adolescent Clinic<sup>™</sup> Tamuning, 647-7337/7336

**Fojas, Milliecor, M.D.** American Medical Center Upper Tumon, 647-8262

**Garcia, Antonio, M.D.** Pediatric and Asthma Clinic, PC Tamuning, 647-4121

**Garrido, John, M.D.** Isla Pediatrics Tamuning, 647-4466/8495

Linsangan, Gladys, M.D. Polymedic Clinic/Primary Pediatric Clinic Dededo, 637-9661/3/646-2185

Manaloto, Ma. Cristina, M.D. American Pediatric Clinic™ Tamuning, 647-2721/22 Santos, Edna, M.D. Tumon Pediatric Clinic Upper Tumon, 649-7337

Sarmiento, Dennis, M.D. FHP Health Center™ Tamuning, 646-5825

#### Primary Care Providers by Clinic

#### FHP HEALTH CENTER<sup>M★™</sup>

548S. Marine Corps Drive Tamuning, 646-5825

<u>Family Practice</u> Artero, Ashley, NP Kaufman, Karyn , PA-C Leishman, Lena, NP-C Stratton, Walter, PA-C Tuncap, Helene A., PA-C

Internal Medicine

Duenas, Vincent S., D.O.<sup>M</sup> Dulay, Marylou, M.D.<sup>M</sup> Lentz, Nancy, M.D. Scheibe, Trenton, M.D.

Sistoza, Lilybeth, M.D.<sup>M</sup> Supit, Edwin J., M.D.

<u>Nephrology</u> Rosales, John Paul, M.D. <u>Oncology</u> Ambrale, Samir M.D.

<u>Pediatrics</u> Sarmiento, Dennis, M.D.

<u>Urgent Care</u><sup>M★TM</sup> Frickel, Wendy, M.D. Ingram, Crystal, D.O. Rozycki,Thomas, M.D. Sistoza, Lilybeth, M.D. Stanley, W. Ed, PA-C Tham, Mo-Ping, D.O.

#### AMERICAN MEDICAL CENTER\*\*

1244 N. Marine Corps Drive, Suite. 101 Upper Tumon, 647-8262 <u>Adult Gerontology</u> Fruge, Carolyn, MSN, AGNP-C <u>Endocrinology</u>

Alford, Erika M., M.D.<sup>M</sup> Family Practice

Akimoto, Vincent, M.D.<sup>M</sup>

Berthiaume, Norman, FNP-C Cruz, Luis, M.D.<sup>M</sup> Cruz, Rhodora, MSN. APRN. Nguyen, HoaVan, M.D. Nguyen, Luan P., M.D. Neil, Kelly, FNP-C, DNP Internal Medicine

#### Alford, Erika M., M.D.<sup>M</sup>

Trinh, Tien, M.D. <u>Pediatrics</u> Del Rosario, Amanda S., M.D. Fojas, Milliecor, M.D. <u>Podiatry</u> Tutnauer, Phillip, DPM <u>Pulmonology</u> Aguon, Joleen, M.D.

#### **ADULT HEALTH CARE CLINIC<sup>™</sup>**

2211 Army Drive, Suite 105 Dededo, 647-5546

Internal Medicine

#### Lim, Johnny Jr., M.D.<sup>M</sup> Magcalas, Edgar, M.D.<sup>M</sup>

<u>AMERICAN PEDIATRIC CLINIC</u>™ Oka Bldg., Suite 106 Tamuning, 647-2721/22

<u>Pediatrics</u> Manaloto, Ma. Cristina, M.D.

DEDEDO POLYMEDIC CLINIC 172E. Buena Vista Avenue Dededo,637-9661

<u>Pediatrics</u> Linsangan, Gladys, M.D.

#### THE DOCTORS' CLINIC<sup>™</sup>

851 Carlos Camacho Road Tamuning, 649-5018/23

<u>Family Practice</u> Ballares, Victoria, FNP Mark, Thora, FNP

#### Internal Medicine

#### Duenas, Vincent A., M.D.<sup>M</sup> Taitano, John R., M.D.<sup>M</sup>

EVERGREEN HEALTH CENTER 520 Route 8, Ste 106 Maite, 922-0118

Family Practice Lee, Delores J., M.D.

Internal Medicine Ouhadi, Faraz, M.D.

<u>Gastroenterology</u> Farrell, Frank, M.D.

#### **GOOD SAMARITAN CLINIC<sup>M</sup>**

353 Chalan San Antonio #100 Photo Town Plaza Tamuning, 646-2984

Internal Medicine Chang, Young, M.D.<sup>M</sup>

#### **<u>GUAM ADULT/PEDIATRIC CLINIC</u><sup>M</sup>**

612 West Marine Drive Dededo633-4272 Internal Medicine Chenet, Alix, M.D.<sup>M</sup> Preston, Donald, M.D.<sup>M</sup>

<u>GUAM MEDICAL CARE CLINIC</u> 744 North Marine Corps Drive Upper Tumon, 647-4174

<u>Family Practice</u> Esteba, April, M.D. Galgo, Geoffrey, M.D. Samaniego, Melissa, M.D.

<u>GUAM MEDICAL HEALTH CARE</u> 600 Harmon Loop Road, Ste. 105 Dededo, 647-4174

Internal Medicine Villa, Eden E., M.D.<sup>M</sup> HAGATNA MED CLINIC Nanbo Guahan Bldg. 250 Route 4, Ste. 203 Hagatna, 475-6500/01/02

<u>Family Practice</u> Lujan, Davina, M.D.

HARMON PEDIATRICS Harmon, 649-1058/9

#### <u>Pediatrics</u> Carrera, Yolanda, M.D.

HEALTH PARTNERS, LLC.<sup>™</sup> 125 Jose Tun Tove Way

Tamuning, 646-5227/8 Internal Medicine

#### Rubio, Joel M., M.D., FACE<sup>™</sup>

HEALTH SERVICES OF THE PACIFIC M 809 Chalan Pasahero Unit 2 Tamuning, 647-5355 Family Practice Schroeder, Edmund F., M.D.

<u>Internal Medicine</u> Alvez, Laura, M.D. Taijeron, Stephanie L., MSN-APRN

<u>IHP MEDICAL GROUP</u> 655 Harmon Loop Road, Ste. 108, Dededo, 633-4447

Family Practice Adolphson, Arania, M.D. Anderson, Mark, M.D Campus, Hieu, M.D. Greening, Brian, MSN, APRN, FNP-C Kiggins, Sarah, MSN, FNP=C Internal Medicine Lizama, Florencio T., M.D.

ISLA PEDIATRICS E. Espiritu St. Tamuning, 647-4466/8495

<u>Pediatrics</u> Garrido, John, M.D.

<u>MARIANAS PHYSICIANS GROUP</u><sup>M★™</sup> 472 Chalan San Antonio Tamuning, 647-1830

Family Practice Cook-Huynh, Mariana, M.D. Cruz, Anna Maria, APRN, RN Haddock, Carla T., MSN, APRN, FNP-C, AGACNP

<u>OB/GYN</u> Anciano, Christina Joy, CNM\* Anderson, Teresa L., CNM\* Blomberg, Kirsten A, CNM\* Bordallo, Annie U., M.D.\* Brown, Elaine, M.D.\* Foote, Sheri CNM, APRN, RN\* Medina, Adrian, MSN, CNM, APRN\* Pacheco, Jamie, CNM\* Thanapandian, Kamala,M.D.\*

#### MICRONESIA MEDICAL & Anesthesia Associates<sup>M</sup>

GITC Building, Ste.126 Tamuning, 646-8844

#### Internal Medicine Lim, Doris, M.D.<sup>M</sup>

<u>MPG PEDIATRICS</u>™ 396 Chalan San Antonio, Ste.103 Tamuning, 648-5437

<u>Pediatrics</u> Blancaflor, Maria B., M.D.

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Business Center Ste 105, 1757 Army Drive Harmon, 647-4533

#### <u>Internal Medicine</u>

#### Arcilla, Leopoldo, Jr. M.D.<sup>M</sup> Samonte, Romeo, M.D.<sup>M</sup>

PEDIATRIC & ADOLESCENT CLINIC™ 472 Chalan San Antonio Tamuning, 647-7337/7336

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PEDIATRIC AND ASTHMA CLINIC, PC 428 Chalan San Antonio Tamuning, 647-4121

<u>Pediatrics</u> Garcia, Antonio, M.D.

POLYMEDIC CLINIC/ PRIMARY PEDIACTRIC CLINIC 172 Buena Vista Avenue Unit 5 Dededo, 637-9661/3 or 646-2185

<u>Pediatrics</u> Linsangan, Gladys, M.D.

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Internal Medicine

#### Ally, Insaf, M.D.<sup>™</sup>

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<u>OB/GYN</u> Hirata, Greigh, M.D. Shieh, Thomas, M.D.\* <u>TUMON MEDICAL OFFICE</u>

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Upper Tumon, 649-7337 <u>Pediatrics</u>

Santos, Edna, M.D.

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Kang, Sangwook, CRNA Hafa Adai Specialist Group Tamuning, 647-4542

McCrory, Shannon M., CRNA Hafa Adai Specialist Group Tamuning, 647-4542

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Baza, Lisa, PhD<sup>™</sup> GCIC W. Soledad Ave., Ste. 500Z Hagatna, Gu 96910

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American Medical Center Upper Tumon, 647-8262

Bordallo, Sandra F., M.A., IMFT Camacho, Lavina, MS, MFT, LPC Duenas, Daniel, MSW

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Rapadas, Juan, Ph.D. Rapadas Psychological Services GCIC Building, Suite500x Hagatna, 988-4274/898-6744

Smith, Crystal A., MWS, LCSW, IMFT Crystal Smith Behavioral Health Tamuning, 747-9934

Swaddell, Joan, MA, LPC, IMFT, MFT 144 Aspinall Ave., Ste. 202 Hagatña, 969-8813

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Philips, Sherif, M.D.<sup>M</sup> Tumon Kidney Center Upper Tumon, 646-3773

NEUROLOGY

Barthlen, Gabriele M., M.D.<sup>M</sup> Hernandez, Elizabeth, M.D. Moore, David, M.D. Guam Sleep Center™ Tamuning, 647-6669

Carlos, Ramel, M.D.<sup>M</sup> Neurology Clinic Tamuning, 646-6463

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Au, Kin-Sing, M.D. Island Cancer Center Tamuning, 646-3363

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#### Sangalang, Maria Melinda, D.P.M.<sup>M</sup>

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Cruz, Luis, M.D. IHP Medical Group 655 Harmon Loop Rd., STE 108 Dededo, 633-4447

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Go, Peter, M.D. Business Center Ste. 105 1757 Army Drive Harmon. 647-4533

#### Kobayashi, Ronald, M.D.<sup>M</sup>

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Medina, Daniel C., M.D. **Rahmani, Kia, M.D.**<sup>M</sup>

Leon Guererro, Alexandria, M.D.

Hafa Adai Specialist Group<sup>M</sup>

Sunflower Villa, 280 Pale San Vitores Tamuning, 647-4542/53 SURGERY (Hand)

#### Landstrom, Jerone T., M.D.<sup>M</sup> Pacific Hand Surgery Center<sup>M</sup>

633 Governor Carlos Camacho Rd. Ste. 104 Tamuning, 646-4263

SURGERY (Reconstruction &

<u>Plastic)</u>

Fegurgur, John, M.D. **American Medical Center** Upper Tumon, 647-8262

<u>UROLOGY</u>

Fenton, Ann S., M.D. Petero, Virgilio G. Jr., M.D. **Guam Urology, LLC** 633 Gov. Carlos Camacho Road, Suite 104 Tamuning, 646-8765

<u>WOUND CARE AND</u> HYPERBARIC MEDICINE

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Chong, Richard HME Oriental Medical Research Clinic 20103 Army Drive, Ste. 1-C Dededo, 646-4443

Kang, Shinik, L.Ac. Dr. Kang's Accupuncture Wellenss Clinic 817 N. Marine Corp. Dr. Tamuning, 687-9000 Yu, Jong Chin, Lic. Ac. Yu's China Acupuncture Clinic 263 Sanchez St. Harmon, 646-7565

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White, Roderick, D.C. Advanced Chiropractic Clinic 2025 Army Drive, Suite 103 Tamuning, 648-2225/6

#### Guam Chiropractic Wellness Center

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Beckwith, Nicholas, D.C. Larkin, Scott R., D.C. Larkin, Lani M., D.C. **Larkin Family Chiropractic** 655 Harmon Loop Rd., Ste. 103 Dededo, 632-4262/633-2225

Dimalanta, AlbertJ., D.C. **Dr. D Chiropractic & Nutrition** 424 W O'Brien St. Ste. 115 Hagatna, 649-4871

Miller, Gregory, D.C. **Chiropractic Offices of Dr. Gregory Miller™** 2078 Route 16 Ste. C Dededo, 637-7926/6683

Nicdao, Placido, D.C. Nicdao Chiropractic 643 Chalan San Antonio, Ste. 101 Tamuning 472-2225

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Malilay, Janice, D.D.S.

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Fernandez, Michael, D.D.S.

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Ko, HeeSoo, D.M.D.

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Medical Associates of the Pacific, LLC Suite 100 MHII Bldg. Marina Heights Business Park, Saipan, MP 96950 (670) 323-9000 <u>HOME HEALTH/ OUTPATIENT</u> <u>PHYSICAL THERAPY</u>

#### Eucon Medical Health Services

Bellama, Thomas Joseph DPT Carhill, Pamela A., MPT Figueroa, Aljay Ryan P., PT Chalan Pale Arnold Road, Gualo Rai Saipan, (670)233-3647

Marianas Health Services™

Saipan Plaza Bldg., Ste 7 Saipan, (670) 233-4647 Biag, Sydney, RPT, PTRP Pagsuyuin, Ronald, P.T. Saygo, Evangeline F., P.T.

Marianas Visiting Nurses Kim's Bldg., Suite 102 Middle Road Garapan, Saipan (670) 323-6877

**PT Rehab** Dotimas, Carlo R., B.S.P.T. Solano, Winnie E., P.T. Saipan, (670) 323-6780

#### **HOSPITAL**

**Commonwealth Health Center Hospital Drive** Garapan, Saipan MP 96950 (670) 234-8950

Rota Health Center Songsong, Rota (670) 532-9461

**Tinian Health Center** San Jose, Tinian (670) 433-9233

#### INTERNAL MEDICINE Marianas Medical Center JKR Bldg. Beach Road Garapan, Saipan, (670) 234-3926 Shafransky, Dore, D.O.

LABORATORY SERVICES

Diagnostic Laboratory Services Inc. (DLS) 2nd Floor, TSL Plaza Beach Road, Garapan Saipan, (670) 235-0233

#### NEUROLOGY

Pacific Sleep Center Hutchinson, Kimberly, M.D. Saipan, (670)322-6302

#### Saipan Sleep Care

Schumann, Richard, M.D. Unit 102, Mango City, Middle Road, (670) 233-0240

#### OPHTHALMOLOGY

6 Medicare Healthcare Provider<sup>™</sup> | Preferred Provider<sup>★</sup> | Telemedicine<sup>™</sup>

Marianas Eye Institute Allen, Keri F., M.D. Khorram, David, M.D. Beach Road, Garapan Saipan (670) 235-9090 <u>optometry</u>

#### Hardt Eye Clinic

Hardt, David, O.D. Hardt, Donald, O.D. Lombard, Peter N., M.D. Beach Road, Garapan, Saipan 96950, (670) 235-2030

Marianas Eye Institute Robertson, Mark, O.D. Beach Road, Garapan Across 13 Fisherman Monument Saipan, (670) 235-9090 PHARMACY

**Brabu Pharmacy** 101 Akari Bldg. Chalan Pale Arnold Rd. Saipan, CNMI, (670) 233-2668

**Phi Pharmacy I** 1 Navy Hill Rd. Commonwealth Health Center Saipan, (670) 323-5000

Phi Pharmacy II Joeten Dandan Center Mnsgr Guerrero Rd. Dandan, (670) 235-6174

#### **CNMI DENTAL NETWORK**

<u>GENERAL DENTISTRY</u>

Dental Care Middle Road, Garapan Saipan 96950 (670) 233-1100 Van Zant, David, DMD

Marianas Dental Center Saipan, (670) 234-3810 Limbo, Neil Zacharias G., D.D.S.

New Wave Dental Clinic Middle Road, Garapan Saipan 96950 (670) 233-3300 Hall, Michael E., D.D.S. Nguyen, Donald Thanh, D.D.S. Ross, Brian, D.D.S.

#### **Paradise Dental Center**

Wakins Building, Middle Rd. Gualo Rai, Saipan (670) 234-4040 Arbuckle, Richard, D.D.S. Nelson C. Krum, D.D.S.

Saipan Seventh-Day Adventist Clinic Quartermaster Road Chalan Laulau, Saipan (670) 234-6323

#### PEDIATRIC DENTISTRY

Saipan Adventist Clinic Quarter Master Road, Chalan Laulau Saipan 96950 Tel (670)234-6323 Ko, Hee Soo, D.M.D.

#### ORTHODONTICS

Saipan Adventist Clinic Quarter Master Rd., Saipan (670) 234-6323 Creed, Warren L., D.D.S. Hayashi, Chie, D.D.S., PhD, MMSC

#### PERIODONTICS

Saipan Adventist Clinic Quarter Master Road, Chalan Laulau, Saipan 96950 (670) 234-6323

#### POHNPEI

Genesis Island Family Clinic & Hospital (691) 320-8660

Berysins Community Health Center (691) 320-6115/7740

#### PALAU

PRIMARY CARE AND GENERAL SURGERY

**Belau National Hospital** P.O. Box 6027 Koror, Republic Of Palau 96940 (680) 488-2552/3

Roberts, Emais, M.D. Family Surgical Clinic P.O. Box 1652, Koror, Republic Of Palau (680) 488-6920/21/22

Capili, Wendy, M.D. Yano, Victor M., M.D. Belau Medical Clinic P.O. Box 822 Koror, Republic Of Palau (680) 488-2688/87

#### GENERAL DENTISTRY

Belau National Hospital P.O. Box 6027 Koror, Republic Of Palau 96940 (680) 488-2552/3

<u>OPTOMETRY</u>

**Belau National Hospital** P.O. Box 6027 Koror, Republic Of Palau 96940 (680) 488-2552/3

Pacific Family Medical Supplies P.O. Box 1523 Koror, Republic Of Palau (680) 488-6655

PHARMACY & MEDICAL SUPPLIES

Pacific Family Medical Supplies P.O. Box 1523 Koror, Republic Of Palau (680) 488-6655

#### HAWAII

<u>HOSPITAL</u>

Adventist Health Castle\* 640 Ulukahiki St. Kailua, HI 96734 Tel:(808) 263-5500

#### HAWAII (cont.)

Shriners Hospital for Children\* 1310 Punahou St. Honolulu, HI 96826 Tel:(808) 941-4466

\*Available only through Multiplan Provider Network

#### The Queen's Medical Center\* 1301 Punchbowl St. Honolulu, HI 96813 Tel:(808) 538-9011

GENERAL DENTISTRY

Gentle Dental Aiea/Pearlridge 98-211 Pali Momi St., Ste. 715 Aiea, Hawaii 96701 Tel:(808) 488-8119

Gentle Dental Makakilo/Kapolei 92-605 Makakilo Dr. Kapolei, Hawaii 96707 Tel: (808) 672-0397

**Gentle Dental Mililani** 95-390 Kuahelani Ave Ste 4B, Mililani, HI 98689 Tel: (808) 623-2888

Gentle Dental Waianae 86-078 Farrington Hwy. Ste. 210 Waianae, Hawaii 96792 Tel: (808) 697-1310

#### MAINLAND UNITED STATES

**Good Samaritan Hospital\*** 1225 Wilshire Blvd. Los Angeles, CA 90017 Tel: (213) 977-2121

Long Beach Memorial Medical Center 2801 Atlantic Ave. Long Beach, CA 90804 Tel:[562] 933-2000

Miller Children's Hospital 2801 Atlantic Ave. Long Beach, CA 90806 Tel: (562) 933-5437

#### Pacific Cardiovascular Associates™

3080 Bristol Street, Suite 150 Costa Mesa, CA 92626 (714) 445-0220

#### UCLA Medical Center 10920 Wilshire Blvd. Ste.1800 Los Angeles, CA 90024 Tel:(310) 794-8759

Santa Monica-UCLA Medical Center Tel:(310) 319-4000

Western Medical Center Santa Ana 1001 North Tustin Avenue Santa Ana, CA 92705 Tel:(714) 953-3500

Please contact the Medical Management or Customer Service Departments for other available providers.

**Cardinal Santos Medical Center** 

10 Wilson Street, Greenhills West

Asia Network

1502 San Juan Citv

PHILIPPINES

Philippines Tel: (632) 727-0001 **Cebu Doctor's University Hospital, Inc.** Osmena Blvd., Capitol Cebu City Tel: (632) 253-7511

Makati Medical Center No. 2 Amorsolo St., Legaspi Village Makati City, Philippines 1229 Tel: (632) 8888999

**St. Luke's Medical Center★** 279 E. Rodriguez Boulevard Sr. Quezon City, Philippines 1102 Tel: (632) 726-5770 (632) 726-6937

32nd St. Bonifacio Global City Taguig City, Philippines Tel: (632) 789-7700

#### The Medical City\*

Ortigas Avenue, Pasig City Tel: (632) 635-6789 or (632) 631-8626

#### Angeles Clinic

76 Što. Entierro, Sto. Cristo Angeles City, Pampanga 2009 Tel: (63-45) 887-2882 or (63-45) 887-2885

#### Iloilo

Locsin St. Brgy. Tap-oc Molo, Iloilo City, Philippines Tel: (63-33) 338-1505 to 1513 Please contact the TakeCare Medical Referral Office at: Room 718 North Tower Cathedral Heights Building Tel: (632) 726-5770 (632) 726-6937

**St. Luke's Trunkline:** (632) 723-0101 Local 5718

HealthWay Out Patient Clinics Greenbelt 5 4th Floor Greenbelt 5 Ayala Center, Makati City

Alabang Town Center 2F Alabang Town Center, Alabang Zapote Road

Festival Mall 2F Pixie Forest Entrance Filinvest City, Muntinlupa

SM The Block 5th Level, The Block SM City North Edsa, Quezon City Manila GF 8 Adriatico Building, Padre Faura Corner J. Bocobo Malate, Manila

Shangri-la Mall 5L Wellness Zone Shangri-la Plaza Mall, Ortigas

Market Market 4th Level MarketMarket, Bonafacio Global City, Taguig City

Affinity Dental - Makati

2nd Floor, Plaza One Hundred 100 V.A. Rufino Street Legaspi Village, Makati City Affinity Dental – Alabang 2nd Floor, Civic Prime Condominium Civic Drive, Filinvest Corp City Alabang, Muntinlupa City

#### Affinity Dental

Bonifacio Global City B6 2nd Floor, Bonifacio Stopover Building, 32nd Street Corner Rizal Drive, Bonifacio Global City, Taguig

#### Affinity Dental - Cebu

Ground Floor, Knights of Columbus Square, 36 Archbishop Reyes Ave., Lahug, Cebu (across Ayala Center Cebu)

Affinity Dental - Bacolod Ground Floor, RL Jocson Bldg B.S. Aquino Dr., Bacolod City (across University of San Agustin)

#### <u>JAPAN</u>

Kameda Medical Center 929 Higashi-cho Kamogawa City Chiba, Japan Tel: 0470-92-2211

#### KOREA

Kang Dong Hospital 145 Dadae-Ro, Saha-Gu Busan, S. Korea Tel: 82(2) 3410-0200/022

Samsung Medical Center 50 Irwon-don, Kangnam-Ku, Seoul, Korea Tel: 82(2) 3410-0200/022

#### MALAYSIA

Sime Darby Healthcare 1, Jalan SS 12/1A, 47500 Subang Jaya, Selanger, Malaysia Tel: +860.3.56391212 <u>SINGAPORE</u>

Raffles Hospital 585 North Bridge Road Raffles Hospital, Singapore Tel: (65) 6311-1666

#### TAIWAN

Taiwan Adventist Hospital No. 424, Ba De Road, Section 2, Songshan District 10556, Taipei, Taiwan Tel: 886-2-2771-815

#### <u>THAILAND</u>

Bumrungrad Hospital 33 Sukhumvit SOI (Nana Nua) Klongtoey, Nua Sub District, Wattana District Bangkok, Thailand Tel: (662) 677-1000 All network provider agreements automatically renew each year on the anniversary date unless otherwise indicated. It is important to know that when you enroll in this plan, services are provided through the plan's delivery system, but the continued participation of any one doctor, hospital or other provider cannot be guaranteed.

#### Visiting Off-island Providers/specialists

Dam, Michael C., M.D. Internal Medicine & Cardiovascular Disease Pacific Cardiovascular Associates

Ho, Jason, M.D. Internal Medicine Hematology & Medical Oncology

#### Ng, Eugene, M.D.<sup>™</sup>

Ophthalmology 2999 Kalakana Ave. H6O4 Honolulu, HI

Parks, David, M.D. Pacific Retina Specialists 633 Governor Carlos Camacho Rd., Ste. 204, Guam Medical Plaza Bldg., Tamuning

#### Quiros, Juan Carlos, M.D.<sup>™™</sup>

Internal Medicine & Cardiovascular Disease

#### Ruggio, Joseph, M.D.<sup>™™</sup>

Cardiologist Pacific Cardiovascular Associates

Seneviratne, Lasika, M.D. Hematology/Medical Oncology L.A. Hematology and Oncology Medical Center

#### Tan, Christopher, M.D.<sup>™</sup>

Pediatric Cardiologist Pacific Cardiovascular Associates

