



Guam Fitness Partners

1. **TakeCare Wellness Center**
 - Free, unlimited access to fitness classes
 - View calendar at www.takecareasia.com
 - Contact Information: (671) 646-6956 ext 7260
2. **Crossfit Hita**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 5 years old
 - Contact Information: (671) 989-2448
3. **Crossfit Latte Stone**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 16 years old
 - Contact Information: (671) 633-2357
4. **Custom Fitness**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 3 years old
 - Contact Information: (671) 989-0436
5. **Guam Fitness Club***
 - Member Share: \$20 per month
 - Membership Includes:
 - Unlimited Access
 - Contact Information: (671) 487-7718
6. **Guam Muay Thai**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 6 years old
 - Contact Information: (671) 487-7718
7. **Guam Taekwondo Center***
 - Annual registration Fee: \$40 per member
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 6 years old
 - Contact Information: (671) 788-9723
8. **Hilton Wellness Center***
 - Membership Includes:
 - Unlimited Access to Wellness Center and Group Classes
 - Minimum Age: 16 years old
 - Contact Information: (671) 646-1835 x5886
 - Upgrade Services:
 - Towel OR pool access: \$15.00/month
 - Towel AND pool access: \$25.00/month

9. **International Sports Center**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 13 years old
 - Contact Information: (671) 477-9885
10. **Paradise Fitness Center**
 - Membership Includes:
 - Dual Club Access: Hagatna & Dededo Locations
 - Minimum Age: 13 years old
 - Contact Information: (671) 475-2100
11. **Rockit Ride***
 - Member Share: \$108 per month
 - Membership Includes:
 - Unlimited access
 - Contact information: (671) 482-1661
 - Limited monthly class memberships available
12. **Self Made Fitness***
 - Annual registration Fee: \$120 per member
 - Membership Includes:
 - SMF Group Program
 - Contact Information: (671) 727-8879
 - Upgrade Services:
 - SMF+ (1 private session per quadrimester: \$25.00/month)
13. **SKIP Entertainment Company**
 - Membership Includes:
 - Access to One (1) Class Per Week
 - Minimum Age: 3 - 17 years old
 - Contact Information: (671) 472-4241
 - Upgrade Services:
 - Additional class access
 - \$55.00 off regular rates
14. **Synergy Studios**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 7 years old
 - Contact Information: (671) 472-9642
15. **The Bridge Fitness Guam***
 - Member Share: \$50 per month
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 6 years old
 - Contact Information: (671) 969-3786

16. **The Pound Academy**
 - Membership Includes:
 - Access to One (1) Program:
 - Brazilian Jiu-Jitsu, Muay Thai, Group Fitness Classes, or Open Gym
 - Minimum Age: BJJ: 6 years old; Other Services: 13 years old
 - Contact Information: (671) 687-4229
17. **Tribe Guam**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 4 years old
 - Contact Information: (671) 788-5719
18. **Unified**
 - Membership Includes:
 - Unlimited Access to Select Programs
 - GPP Lifestyle & Performance,
 - BURN(HER) & BUILD(HER)
 - Minimum Age: 15 years old
 - Contact Information: (671) 969-8641
19. **University of Guam: Triton Fitness Center**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 16 years old
 - Contact Information: (671) 735-2861
20. **Urban Fitness**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 10 years old
 - Contact Information: (671) 969-7308

Saipan Fitness Partners

21. **Gold's Gym**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 16 years old
 - Contact Information: (670) 233-4000
22. **Latte Built Fitness**
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 15 years old
 - Contact Information: (670) 235-2265



Important: Please call TakeCare Customer Service at 647-3526 for more information or if your preferred fitness partner is not listed.

Note: Age restrictions may apply. **Additional fees apply for upgraded services, registration, uniform, etc. Members should contact the facility for more information. Fees and partner listing are subject to changes.

*Fitness Partner located on Saipan. TC Fitness Partner Rate Sheet_GovGuam_rev08/29/2022



A TanHoldings Company

takecareasia.com

Connect with us



GG_Updated on 08/31/2022