

Fitness Partners*

GUAM PARTNERS



- TakeCare Wellness Center**
- Free, unlimited access to fitness classes
 - View calendar at www.TakeCareAsia.com
 - Contact Information: (671) 646-6956 ext 7161/7621/7180



- Chamorro Crossfit**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 14 years old
 - Contact Information: (671) 929-6046



- Crossfit Hita**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 5 years old
 - Contact Information: (671) 989-2448



- Crossfit Latte Stone**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 16 years old
 - Contact Information: (671) 633-2357



- Custom Fitness**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 3 years old
 - Contact Information: (671) 989-0436



- Guam Muay Thai**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 6 years old
 - Contact Information: (671) 487-7718



- Guam Taekwondo Center**
- Annual registration Fee: \$40 (single) or \$100 (Family)
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: 6 years old
 - Contact Information: (671) 637-7000



Hilton
GUAM RESORT & SPA

- Hilton Wellness Center**
- Membership Includes:
 - Unlimited Access to Wellness Center and Group Classes
 - Minimum Age: 16 years old
 - Contact Information: (671) 646-1835 x5886



- International Sports Center**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 13 years old
 - Contact Information: (671) 477-9885



- PFC**
- Membership Includes:
 - Dual Club Access: Hagatna & Dededo Locations
 - Minimum Age: 13 years old
 - Contact Information: (671) 475-2100



- SKIP Entertainment Company**
- Membership Includes:
 - Access to One (1) Class Per Week
 - Minimum Age: 3 - 17 years old
 - Contact Information: (671) 472-4241



- Synergy Studios**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 7 years old
 - Contact Information: (671) 472-9642



- The Bridge Fitness Guam**
- Member Share: \$30 per month
 - Membership Includes:
 - Unlimited Access
 - Minimum Age: years old
 - Contact Information: (671) 969-3786



- The Pound Academy**
- Membership Includes:
 - Access to One (1) Program:
 - Brazilian Jiu-Jitsu, Muay Thai, Group Fitness Classes, or Open Gym
 - Minimum Age: 6 years old, Other Services: 13 years old
 - Contact Information: (671) 687-4229



- Tribe Guam**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 4 years old
 - Contact Information: (671) 788-5719



- Unified Fit**
- Membership Includes:
 - Unlimited Access to Select Programs
 - GPP Lifestyle & Performance, BURN(HER) & BUILD(HER)
 - Minimum Age: 15 years old
 - Contact Information: (671) 969-8641

UNIFIED FIT



- University of Guam: Triton Fitness Center**
- Membership Includes:
 - Unlimited Access
 - Minimum Age: 16 years old
 - Contact Information: (671) 735-2861

Urban Fitness

- Membership Includes:
 - Unlimited Access
- Minimum Age: 10 years old
- Contact Information: (671) 969-7308



SAIPAN FITNESS PARTNERS

Gold's Gym

- Membership Includes:
 - Unlimited Access
- Minimum Age: 16 years old
- Contact Information: (670) 233-4000



Latte Built Fitness

- Membership Includes:
 - Unlimited Access
- Minimum Age: 15 years old
- Contact Information: (670) 235-2265



Important: Please call TakeCare Customer Service at (671) 647-3526 for more information or if your preferred fitness partner is not listed.

Note: Age restrictions may apply. *Additional fees may apply: enrollment, uniform, etc., please contact facility for more information. Fees and partner listing are subject to changes.

**Fitness Partner located on Saipan. TC Fitness Partner Rate Sheet_Commercial_rev07222021



A Tan Holdings Company

takecareasia.com

Connect with us

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Our Island, Your Health Plan™