FHP Health Center Fact Sheet

The FHP Health Center, one of Micronesia’s leading medical clinics located in the United States Territory of Guam, integrates complete and optimized healthcare under one trusted family brand.

Established in 1973, FHP has blossomed to encompass eleven Centers of Medical Care on Guam and Saipan, giving its patients region-wide access to complete medical care. These centers include Urgent Care, OB/GYN and Women’s Care, Pediatrics, Adult Medicine, Occupational Health, Radiology, and a Cancer Center, Surgi-Center as well as a Pharmacy, Dental and Vision Center and Home Health.

FHP contains a roster of highly trained, well-known and respected doctors in the community. In addition to the exceptional, credentialed staff, the center boasts modern technology and equipment that covers the entire gamut of medical services and expertise the center provides to its patients.

FHP Medical Center

Established in 1973

Physical Location: 548 South Marine Corps. Drive Tamuning, GU 96913

Clinic Administrator: Kirt Peterson

Adult Medicine

Professional Staff:
Dr. Maria Mariano, Dr. Marylou Dulay, Dr. Thomas Rozycki, Dr. Charles Martineau, Dr. Allison Meadows, Karyn Kaufman, PA-C, Wally Stratton, PA-C,

The physicians and staff at FHP’s Adult Medicine provide the utmost care in managing your health and optimize your wellbeing. All patients 18 years and older receive the full benefit of preventive health programs including allergy testing, acute care, and medical illness management, administered by a highly credentialed staff.

Internists, family practice physicians, certified physician assistants, registered nurses, and licensed practical nurses supervise treadmill testing and 24- and 48-hour Holter (heart monitoring) as well, two of the many tools that are readily available for the early detection and diagnosis of medical conditions.

In addition, our FHP Hospitalists provide continuity of care for patients admitted to our local hospital.

Pediatrics

Professional Staff:
Pediatrics-Dr. Maria Alano, Dr. Robert Leon Guerrero, Dr. Dennis Sarmiento, Dr. James Stadler

Begin your little child’s journey to good health at the Pediatrics Department of the FHP Medical Center. Routine check-ups and immunizations cover your child with a blanket of protection, giving
you certainty over illness with a dose of prevention. Services such as circumcision for babies are also offered, marked with the FHP seal of safety. For your growing teen, experienced pediatricians, Registered Nurses, and medical assistants attend to all their medical needs. The Adolescent Preventive Care program and routine physical ensures proper growth and development during this critical growth period in your adolescent's life.

For your convenience, the FHP Pediatric Clinic has extended its operational hours to Saturdays in addition to its current hours.

**Urgent Care:**

Professional Staff:
Dr. Marylou Dulay, Ed Stanley, PA-C and Doug Amis, PA-C

Emergencies happen when you least expect. FHP Urgent Care helps you take control of emergency situations with the readiness and dependability of 7-day clinic operation.

The Urgent Care unit is equipped to respond to your urgent medical needs with modern technology and acute care. IV therapy and management are performed on-site, while specialty care and hospitalization are swiftly coordinated as needed.

Where you and your family need the assurance of expert medical response without delay, FHP Urgent Care provides the services of qualified professional physicians, certified physician assistants, and registered nurses with ACLS and PALS certification comprises. The team is supported by licensed nurses and trained medical assistants who are also BLS certified.

**FHP Surgicenter**

Precision and skill count when you must undergo a surgical procedure. Expert surgeons and staff at FHP Surgicenter perform minor outpatient and short stay procedures such as endoscopy and colonoscopy following stringent quality control processes. These ensure state-of-the-art equipment, a clean and comfortable environment, and the most optimum patient care available.

**FHP Radiology**

The wide spectrum of diagnostic medical imaging services at FHP Radiology gives you a deeper understanding of your body and the medical treatment it requires. Routine x-rays, bone densitometry, CT scans, echocardiography and ultrasounds allow our doctors to properly diagnose your condition and prepare the appropriate intervention program.

For women over 40 years of age, the Mammography Program is key to breast health. The FHP Radiology Mammography Program has maintained its accreditation from Food and Drug Administration and the American College of Radiology since its inception in 1999. This accreditation validates the quality of medical staff, equipment, and mammography films for proper reading that can lead to early detection of breast cancer with the ability for early treatment. TakeCare and FHP actively promote breast health and increasing its awareness by tracking and measuring the percentage of breast cancer patients within its membership and patient base.
Expanded services:

Occupational Health Services

FHP Medical Center cares for your family, be it the one you belong to at home or at work. Its exceptional team of physicians and certified physician assistants provide comprehensive medical services to safeguard the personal health and overall productivity of your team members.

Services Provided:

- Physicals
- Drug testing
- Workman’s comp
- Commercial driver’s physical (DOT)
- Respiratory certification
- Special immunizations
- Health certificate

Specialty Clinics:
- Diabetes Management
- Anticoagulation Management Services
- IV Therapy
- Occupational Health Services

Ancillary Services:
- Pharmacy
- Laboratory

Facility:
- 19, 091 square feet
- Pediatrics- 8 exam rooms, Adult Medicine-18 exam rooms, Urgent Care-3 exam rooms, 2 bays.

Contact Information:
Tel: (671) 646-5824
www.takecareasia.com

Business Hours:
Monday-Friday: 9 a.m. - 9 p.m.
Saturday: 9 a.m. - 8 p.m.
Sunday and Holidays: 10 a.m. - 6 p.m.

FHP Dental Center

Physical location: 548 South Marine Corps. Drive Tamuning, GU 96913

Professional Staff:
Dr. Woody Johnson, Dr. Dean Baugh, Dr. David Bero and Dr. Robert Kowal
The FHP Dental Center offers cosmetic and restorative dentistry with a combination of the exactness of advanced technology with modern aesthetic solutions.

The Center also features teeth whitening and cosmetic dentistry procedures such as porcelain veneers and crowns that can treat crooked, chipped, and stained teeth in as little as two appointments. Oral surgery, periodontics, and endodontics address tooth and gum pain through the skillfulness of a root canal specialist.

Facility:
- Annex 1-11, 198 square feet
- Dental – 17 exam rooms

Contact Information:
Tel: (671) 646-5825 ext. 562

Business Hours:
Monday-Saturday: 8 a.m. - 6 p.m.
Sundays and Holidays: Closed

**FHP Vision Center**

Physical location: 415 Chalan San Antonio, Baltej Pavilion, 1st Floor, Tamuning, GU 96913

Professional Staff: Dr. Jay McDonald and Dr. Marlene San Nicolas

Obtain all your optical needs from glasses and contacts to cataract screenings at the FHP Vision Center. Comprehensive eye exams include both a brief health assessment and a retinal and optic nerve examination. Initial screenings for cataract, glaucoma, and other eye diseases facilitate early detection and treatment.

Contact Information:
Tel: (671) 648-3350/1

Business Hours:
Monday-Saturday: 10 a.m. - 6 p.m.
Sundays and Holidays Closed

**FHP Women’s Center**

Physical location: 548 South Marine Corps. Drive, Tamuning, GU 96913

Professional Staff: Dr. Allison Meadows and Ms. Alice Leiulukas, Nurse Midwife

The Women’s Center focuses on the delicate nature of women’s healthcare needs. A team of qualified providers offers a wide range of routine care and medical treatment in the special area of Obstetrics and Gynecology. Patients with concerns about pre-natal care delivery and post-natal
care, reproductive health, family planning and counseling, and fertility work-ups receive both expert medical advice and the full support of a capable staff.

Facility:
- OB/GYN-10 exam rooms

Contact Information:
Tel: (671) 646-5824

Business Hours:
Monday-Thursday: 9 a.m. - 5 p.m.
Friday: 9 a.m. – 12 p.m.
Saturday, Sunday and Holidays closed

FHP Pharmacy

Physical location: 548 South Marine Corps. Drive Tamuning, GU 96913

Pharmacist in Charge: Patrick Pang, RPh

Contact Information:
Tel: (671) 646-5950

Business Hours:
Monday – Friday: 9 a.m. - 9 p.m.
Saturday: 9 a.m.- 8 p.m.
Sunday: 10 a.m. – 6 p.m.

FHP Home Health

Physical location: 548 South Marine Corps. Drive, Tamuning, GU 96913

RN Case Manager: Jodeen M. Cruz, RN, M.B.A.

FHP Home Health, a Medicare certified agency, gives you the option to receive medical care at home as recommended by your doctor. When your treatment allows for it, our staff makes every effort to bring your medical care to the comfort of your home.

The FHP Home Health department also provides Hospice services and is committed to providing quality care to our patients with terminal diagnosis.

Contact Information:
Tel: (671) 646-4933

Business Hours:
Monday – Friday: 9 a.m. – 6 p.m.
FHP Health Center Saipan

Physical location: TSL Plaza, 2nd Floor, Beach Road, Garapan, Saipan, MP 96950

Medical Clinic Services: Family Practice Obstetrics and Pharmacy

Professional Staff: Dr. Daniel Lamar, Dr. Nathan Tan, Dr. Lone Stephens, Dr. Cooper Schradenbach and Roca Sablan, Nurse Midwife

The FHP Health Center addresses the medical wellbeing of Saipan residents through its branch at the TSL Plaza.

Reflecting the cohesiveness and convenience of the FHP system, the FHP Health Center Saipan houses various units for doctors' consultations, urgent care, preventive care, physicals, minor surgeries, x-ray and laboratory services. An on-site retail pharmacy offers competitive rates for prescription drugs and over-the-counter medications.

The entire facility is staffed by registered medical professionals. We have doctors with admitting privileges to the hospital, which is only six minutes away from the Health Center.

Contact Information:
Tel: (670) 235-0994/96

Business Hours:
Monday, Tuesday, Thursday and Friday: 8 a.m. – 5 p.m.
Wednesday: 8:30 a.m. – 5 p.m.
Saturday, Sunday and Holidays Closed