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**\*\*MEDIA ADVISORY\*\***

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**FHP Offers Free Flu Vaccine Clinic to TakeCare Members**

The FHP Health Center will be offering a free Flu Vaccine Clinic to all TakeCare members on Friday, October 10, 2008 at the FHP Women's Health Center in Tamuning from 9 a.m. to 5 p.m.

Rose Grino RN, BSN, FHP Clinical Nurse Manager, said "Influenza (flu) is a contagious disease which can spread by coughing, sneezing or nasal secretions. It is important to get the influenza vaccine because the virus can lead to pneumonia and can be dangerous for people with heart and breathing problems."

"Prevention is key to better health, so we encourage everyone to get vaccinated," said Grino.

TakeCare is committed to its members and encourages that they take advantage of receiving this vaccine at no charge. Non TakeCare Members are welcome to take advantage of the Flu Vaccine Clinic, which costs \$25. Please call the TakeCare customer service office for more information at 647-3526.

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